

WEEK 3 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO *options*

	CLASSICS	STREET
MON	Cheese and Bean Toastie  with Baked Garlic and Herb Wedges and Mixed Salad	Butterbean, Blackbean and Coconut Stew    Served with Wholegrain Rice and Mixed Salad
	PAN ASIAN	PAN ASIAN
TUE	Sweet and Sour Beef Meatballs   Served with Wholegrain Rice and Satay Sweetcorn	Teriyaki Vegetarian Wrap    Served with Satay Sweetcorn
	HOT DELI	HOT DELI
WED	Chicken Sausage Stuffing Baguette  Served with Baked Garlic and Herb Wedges	Sticky BBQ Quorn Pitta  Served with Baked Garlic and Herb Wedges
	ITALIAN	ITALIAN
THUR	Beef Lasagne   Served with Garlic and Herb Bread and Mixed Salad	Vegetarian Lasagne   Served with Garlic and Herb Bread and Mixed Salad
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
FRI	Battered Fish Served with Chips, Baked Beans and Peas	Vegetable Tikka Sausage Roll  Served with Chips, Baked Beans and Peas

HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza
Soup and Bread
Jacket Potato and Toppings

SALADS:

Tuna and Sweetcorn Pasta Salad 
Pesto Pasta Salad   
Roasted Indian Chickpea Salad  

SANDWICHES/BAGUETTES:

Cheese Ploughmans 
Chicken Salad Sandwich 
Cheese Baguette 
Tuna Mayo Baguette
BLT Baguette

WRAPS:

Pepper and Houmous Wrap   
BBQ Chicken Wrap   
BBQ Chicken Wrap   